

Good Eats Recipes

Pineapple Chicken

What You Need:

4-6 boneless, skinless chicken breasts
1/8 teaspoon pepper
paprika to taste
1 can (20 oz) pineapple tidbits, drained
2 tablespoons GOOD EATS Jalapeno Honey Mustard
2-3 tablespoons soy sauce
1/2 teaspoon minced garlic

Directions:

Place chicken in greased 3.5-5 quart slow cooker. Sprinkle with pepper and paprika. In a separate bowl, mix pineapple, mustard, soy sauce and garlic together. Pour over chicken. Cover and cook on high heat 3-4 hours or on low heat 7-9 hours.